

MEDICAL HISTORY FORM

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

*Buellton Medical Center will be billing your insurance for an office visit for any other medical issue that might come up at the time of your wellness exam. Therefore you might be responsible for any copays, co-insurance or deductible after your insurance responds. Please Initial: \_\_\_\_\_*

Please list any previous surgeries or hospitalizations including dates of occurrence:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medical History:** (Circle items that apply to you)

- |                             |                             |                      |                     |
|-----------------------------|-----------------------------|----------------------|---------------------|
| Allergies                   | Anemia                      | Arthritis            | Asthma              |
| Back problems               | Bleeding disorder           | Cholesterol disorder | Depression          |
| Diabetes                    | Hearing problems            | Heart Disease        | Heart Murmur        |
| HIV/Hepatitis               | Hypertension                | Lung Disease         | Kidney Disorder     |
| Prostate disorder           | Seizures                    | Skin Cancer          | other Skin problems |
| Stomach/Digestive disorders |                             | Stroke               | Thyroid problems    |
| Vision Problems             | Cancer (specify type) _____ |                      |                     |

Other/ Additional Information \_\_\_\_\_  
\_\_\_\_\_

**Social History:**

Marital Status: Single Married Separated Divorced Widowed  
 Alcohol use: Never Rarely Moderate Daily  
 Tobacco use: Never Quit Currently smoke \_\_\_\_\_ packs/day Year you started smoking \_\_\_\_\_  
 Drug use: Never Type/Frequency \_\_\_\_\_  
 Excessive exposure at work/home to: Fumes Dust Solvent Noise Air-born particles  
 Occupation/Location: \_\_\_\_\_

**Family History:**

Father: Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_  
 Mother: Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_  
 Bro/Sis Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_  
 Bro/Sis Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_  
 Bro/Sis Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_  
 Bro/Sis Age \_\_\_\_\_ Living/Deceased- Cause of death or medical probs \_\_\_\_\_

Any other physicians involved in your care? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**SYSTEM REVIEW**

Circle the symptoms/illnesses that you have or have had.

**General**

Recent Weight change  
Fever  
Fatigue  
Headache

**Integumentary** (skin/breast)

Rash or itching  
Change in skin color  
Change in hair or nails  
Varicose veins

**Eyes**

Eye disease or injury  
Glasses/Contact lenses  
Blurred/double vision  
Glaucoma

**Ears/nose/throat/Mouth**

Hearing Loss or ringing  
Earaches or drainage  
Chronic sinus problems  
Nose bleeds  
Mouth sores  
Bleeding gums  
Bad Breath or bad taste  
Sore throat or voice change  
Swollen glands in neck

**Respiratory**

Chronic or frequent cough  
Spitting up blood  
Shortness of breath  
Asthma or wheezing

**Cardiovascular**

Heart trouble or murmur  
Chest Pain  
Palpitation  
Shortness of breath  
Swelling of feet, ankles or hands  
High or Low Blood Pressure

**Gastrointestinal**

Loss of appetite  
Change in bowel movements  
Nausea or vomiting  
Frequent diarrhea  
Constipation/blood in stool  
Abdominal pain or heartburn  
Peptic ulcer

**Genitourinary**

Frequent urination  
Burning/painful urination  
Blood in urine  
Force/strain in urination  
Incontinence/dribbling  
Kidney stones  
Sexual difficulty

**Musculoskeletal**

Joint stiffness  
Joint Pain  
Muscle weakness  
Back pain  
Cold extremities  
Difficulty walking  
Muscle pain/cramps

**Neurological**

Frequent Headaches  
History of Concussion  
Light headed/dizzy  
Seizures  
Numbness/tingling  
Tremors  
Paralysis  
Stroke  
Head Injury

**Endocrine**

Glandular/hormone problem  
Thyroid disease  
Diabetic  
Excessive thirst/urination  
Heat or cold intolerance  
Dry Skin  
Change in hat or glove size

**Hematological/Lymphatic**

Slow to heal after cuts  
Bleeding or bruising  
Anemia  
Phlebitis  
Past Transfusion  
Enlarged glands  
Hepatitis A B C/HIV

**Please list your Allergies**

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please list your Medications**

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